

| | Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) |
|--|----------|--------------|---------------|-------------------|---------------|------------------|-------------|-----------------|-----------|------------|-------------|
| Double Smash Cheeseburger | 1610 | 830 | 93 | 35 | 3 | 230 | 3950 | 132 | 8 | 26 | 59 |
| Bistro Burger | 1330 | 670 | 74 | 25 | 2.5 | 165 | 3190 | 106 | 4 | 36 | 55 |
| Classic Burger | 1280 | 740 | 83 | 30 | 3 | 255 | 2520 | 69 | 4 | 23 | 61 |
| French Dip Cheeseburger | 1620 | 1060 | 118 | 48 | 3 | 305 | 3470 | 79 | 5 | 23 | 59 |
| Smokehouse B.B.Q. Burger | 1580 | 880 | 97 | 39 | 3.5 | 280 | 3070 | 106 | 3 | 42 | 68 |
| Americana Cheeseburger | 1390 | 810 | 90 | 37 | 3 | 255 | 3410 | 82 | 4 | 29 | 60 |
| Macaroni and Cheese Burger | 1340 | 760 | 85 | 40 | 3.5 | 275 | 2430 | 81 | 4 | 20 | 60 |
| Green Chile Cheeseburger (ABQ) | 1270 | 720 | 80 | 35 | 3.5 | 265 | 2570 | 73 | 4 | 20 | 61 |
| Bacon-Bacon Cheeseburger | 1610 | 990 | 110 | 44 | 3.5 | 315 | 3530 | 78 | 3 | 30 | 75 |
| Factory Turkey Burger | 1060 | 620 | 69 | 24 | 1 | 205 | 2110 | 59 | 7 | 17 | 32 |
| Veggie Burger Melt | 1190 | 670 | 75 | 23 | 1 | 75 | 2510 | 98 | 12 | 17 | 32 |
| Impossible® Burger | 930 | 470 | 53 | 19 | 0 | 0 | 2090 | 80 | 9 | 14 | 35 |
| SALADS | | | | | | | | | | | |
| Tossed Green Salad | 190 | 100 | 11 | 2.5 | 0 | 5 | 230 | 19 | 3 | 4 | 6 |
| Tossed Green Salad with Balsamic Vinaigrette | 660 | 540 | 60 | 6 | 0.5 | 5 | 680 | 25 | 4 | 8 | 7 |
| Tossed Green Salad with Blue Cheese Dressing | 530 | 380 | 42 | 13 | 0 | 50 | 900 | 25 | 4 | 8 | 12 |
| Tossed Green Salad with SK Mustard Vinaigrette | 280 | 140 | 16 | 3 | 0 | 5 | 1130 | 28 | 4 | 8 | 6 |
| Tossed Green Salad with Ranch Dressing | 610 | 460 | 51 | 10 | 0 | 30 | 840 | 26 | 4 | 10 | 6 |
| Tossed Green Salad with Thousand Island Dressing | 630 | 470 | 52 | 10 | 0 | 30 | 900 | 31 | 4 | 15 | 6 |
| Caesar Salad | 860 | 670 | 75 | 16 | 0 | 50 | 1100 | 30 | 8 | 9 | 15 |
| Caesar Salad with Chicken | 1090 | 730 | 81 | 17 | 0 | 175 | 1640 | 30 | 8 | 9 | 59 |
| Factory Chopped Salad | 780 | 530 | 59 | 11 | 0.5 | 85 | 1360 | 34 | 10 | 17 | 34 |
| Fried Chicken Club Salad | 1560 | 1110 | 123 | 28 | 1 | 325 | 2870 | 58 | 7 | 23 | 49 |
| Vegan Cobb Salad | 1060 | 790 | 89 | 9 | 0.5 | 0 | 1310 | 55 | 19 | 18 | 16 |
| Chinese Chicken Salad | 1630 | 920 | 102 | 14 | 1 | 80 | 2960 | 135 | 11 | 62 | 50 |
| Thai Chicken Salad | 1210 | 570 | 63 | 10 | 0 | 155 | 2670 | 93 | 14 | 63 | 73 |
| Sheila's Chicken and Avocado Salad | 1820 | 1110 | 124 | 16 | 0.5 | 80 | 2150 | 134 | 22 | 57 | 56 |
| Luau Salad (HI) | 1370 | 770 | 86 | 12 | 0.5 | 85 | 1930 | 110 | 11 | 58 | 45 |
| Barbeque Ranch Chicken Salad | 1950 | 1120 | 124 | 22 | 0 | 125 | 2920 | 151 | 22 | 64 | 56 |
| Santa Fe Salad | 1670 | 1000 | 112 | 25 | 1 | 135 | 2450 | 108 | 19 | 39 | 68 |
| Cobb Salad | 1480 | 1110 | 124 | 24 | 1.5 | 365 | 2460 | 30 | 11 | 13 | 66 |
| Seared Tuna Tataki Salad | 450 | 260 | 29 | 2.5 | 0 | 45 | 1280 | 16 | 5 | 8 | 34 |
| ADDITIONS | | | | | | | | | | | |
| Avocado | 160 | 130 | 14 | 2 | 0 | 0 | 5 | 8 | 6 | 0 | 2 |
| Grilled Chicken | 220 | 70 | 7 | 1 | 0 | 130 | 470 | 0 | 0 | 0 | 39 |
| Grilled Shrimp | 90 | 10 | 1 | 0 | 0 | 155 | 115 | 2 | 0 | 0 | 18 |
| Grilled Salmon | 220 | 110 | 12 | 2 | 0 | 65 | 105 | 2 | 0 | 0 | 26 |
| Chargrilled Steak | 200 | 70 | 7 | 3 | 0 | 95 | 410 | 0 | 0 | 0 | 34 |
| SALAD DRESSINGS & CONDIMENTS (Per Tbl.) | | | | | | | | | | | |
| Balsamic Vinaigrette | 80 | 70 | 8 | 0.5 | 0 | 0 | 75 | 1 | 0 | 1 | 0 |
| Barbeque Ranch Dressing | 80 | 60 | 7 | 1.5 | 0 | 5 | 130 | 3 | 0 | 2 | 0 |
| Blue Cheese Dressing | 60 | 45 | 5 | 1.5 | 0 | 10 | 110 | 1 | 0 | 1 | 1 |
| Caesar Dressing | 80 | 70 | 7 | 1.5 | 0 | 5 | 90 | 1 | 0 | 1 | 1 |
| Chinese Plum Dressing | 60 | 40 | 4.5 | 0 | 0 | 0 | 260 | 6 | 0 | 6 | 0 |
| Cilantro Dressing | 60 | 50 | 6 | 0.5 | 0 | 1 | 60 | 1 | 0 | 1 | 1 |
| Citrus Honey Dressing | 60 | 40 | 4.5 | 0 | 0 | 0 | 50 | 4 | 0 | 3 | 0 |
| Ketchup | 20 | 0 | 0 | 0 | 0 | 0 | 160 | 5 | 0 | 4 | 0 |
| Ranch Dressing | 70 | 60 | 7 | 1.5 | 0 | 5 | 100 | 1 | 0 | 1 | 0 |
| Shallot Vinaigrette | 90 | 80 | 9 | 0.5 | 0 | 0 | 55 | 1 | 0 | 0 | 0 |
| SkinnyLicious® Mustard Vinaigrette | 15 | 5 | 1 | 0 | 0 | 0 | 150 | 1 | 0 | 1 | 0 |
| SkinnyLicious® Sesame Soy Dressing | 20 | 0 | 0 | 0 | 0 | 0 | 250 | 3 | 0 | 2 | 0 |
| Spicy Peanut Vinaigrette | 60 | 35 | 4 | 0.5 | 0 | 0 | 180 | 4 | 0 | 3 | 1 |
| Thousand Island Dressing | 70 | 60 | 7 | 1.5 | 0 | 5 | 110 | 2 | 0 | 2 | 0 |
| LUNCH SPECIALS | | | | | | | | | | | |
| Renee's Special | | | | | | | | | | | |
| One-Half Fresh Turkey Sandwich | 790 | 390 | 43 | 16 | 0 | 130 | 1860 | 69 | 4 | 14 | 32 |
| One-Half Chicken-Almond Salad Sandwich | 850 | 560 | 62 | 17 | 0 | 100 | 1280 | 49 | 5 | 9 | 23 |
| Cup of Soup | 310-390 | | | | | | | | | | |
| Small Green Salad | 260 | 220 | 25 | 2 | 0 | 0 | 250 | 9 | 3 | 5 | 2 |
| Small Caesar Salad | 440 | 340 | 38 | 8 | 0 | 25 | 570 | 15 | 4 | 5 | 8 |
| LUNCH SOUP AND SALAD | | | | | | | | | | | |
| Lunch Soup and Salad | | | | | | | | | | | |
| Cup of Soup | 310-390 | | | | | | | | | | |
| Small Green Salad | 260 | 220 | 25 | 2 | 0 | 0 | 250 | 9 | 3 | 5 | 2 |
| LUNCH SALADS | | | | | | | | | | | |
| Cobb Salad | 1040 | 780 | 88 | 17 | 1 | 265 | 1420 | 22 | 7 | 10 | 44 |
| Santa Fe Salad | 1130 | 680 | 76 | 15 | 0.5 | 80 | 1520 | 76 | 14 | 26 | 42 |
| Chinese Chicken Salad | 970 | 540 | 60 | 8 | 0.5 | 50 | 2040 | 82 | 6 | 44 | 29 |
| Barbeque Ranch Chicken Salad | 1210 | 670 | 75 | 14 | 0 | 80 | 2080 | 98 | 17 | 45 | 35 |
| Vegan Cobb Salad | 830 | 650 | 72 | 7 | 0 | 0 | 1090 | 38 | 13 | 12 | 10 |
| Sheila's Chicken and Avocado Salad | 1100 | 670 | 75 | 10 | 0 | 45 | 1280 | 80 | 13 | 37 | 34 |
| LUNCH FLATBREAD PIZZA AND SALAD | | | | | | | | | | | |
| Cheese Flatbread | 1000 | 450 | 50 | 31 | 1 | 125 | 2530 | 86 | 4 | 3 | 49 |
| Margherita Flatbread | 760 | 270 | 30 | 15 | 0 | 55 | 1770 | 85 | 4 | 4 | 34 |
| Fresh Basil, Tomato and Cheese Flatbread | 850 | 340 | 38 | 25 | 0.5 | 95 | 2300 | 84 | 4 | 3 | 42 |
| Pepperoni Flatbread | 1170 | 590 | 66 | 34 | 1 | 165 | 3420 | 88 | 5 | 3 | 56 |
| Pepperoni Flatbread with Hot Honey | 1200 | 590 | 66 | 34 | 1 | 165 | 3430 | 96 | 5 | 11 | 56 |
| Bee Sting Flatbread | 1170 | 560 | 62 | 30 | 1 | 145 | 3280 | 97 | 5 | 8 | 54 |
| Hawaiian Flatbread (HI) | 960 | 360 | 40 | 25 | 0.5 | 125 | 2870 | 97 | 4 | 11 | 54 |
| Kalua Pig Flatbread (HI) | 1100 | 460 | 51 | 29 | 1 | 190 | 2490 | 93 | 4 | 8 | 65 |
| Small Green Salad | 260 | 220 | 25 | 2 | 0 | 0 | 250 | 9 | 3 | 5 | 2 |
| Small Caesar Salad | 440 | 340 | 38 | 8 | 0 | 25 | 570 | 15 | 4 | 5 | 8 |
| LUNCH PASTA | | | | | | | | | | | |
| Fettuccini Alfredo | 1450 | 850 | 94 | 57 | 3 | 210 | 2000 | 113 | 5 | 6 | 39 |
| Fettuccini Alfredo with Chicken | 1570 | 860 | 96 | 57 | 3 | 275 | 2230 | 113 | 5 | 6 | 63 |
| Four Cheese Pasta | 950 | 370 | 41 | 15 | 0.5 | 65 | 3040 | 111 | 9 | 18 | 35 |
| Four Cheese Pasta with Chicken | 1060 | 380 | 43 | 16 | 0.5 | 130 | 3470 | 111 | 9 | 18 | 59 |
| Pasta Carbonara | 1430 | 830 | 92 | 45 | 2.5 | 205 | 2630 | 112 | 8 | 7 | 36 |
| Pasta Carbonara with Chicken | 1540 | 840 | 94 | 45 | 2.5 | 270 | 2870 | 112 | 8 | 7 | 61 |
| Pasta da Vinci | 1160 | 530 | 59 | 23 | 1.5 | 170 | 1890 | 106 | 9 | 11 | 53 |
| Spaghetti and Meatballs | 1390 | 640 | 72 | 16 | 1 | 95 | 4030 | 140 | 14 | 25 | 49 |
| Pasta with Shrimp and Sausage (HI) | 1310 | 640 | 71 | 21 | 1 | 140 | 3600 | 116 | 9 | 18 | 50 |
| Louisiana Chicken Pasta | 1380 | 720 | 80 | 43 | 2.5 | 310 | 2790 | 113 | 7 | 11 | 53 |
| Spicy Chicken Chipotle Pasta | 1290 | 610 | 68 | 25 | 1.5 | 140 | 2620 | 123 | 10 | 18 | 48 |
| Italian Sausage and Fresh Mushroom Rigatoni | 1530 | 1020 | 113 | 57 | 3 | 285 | 2620 | 90 | 9 | 10 | 39 |
| Evelyn's Favorite Pasta | 940 | 440 | 49 | 15 | 1 | 40 | 1920 | 102 | 8 | 7 | 24 |
| Farfalle with Chicken and Roasted Garlic | 1070 | 450 | 50 | 24 | 1 | 175 | 2440 | 99 | 8 | 11 | 56 |
| Spicy Rigatoni Vodka | 1080 | 630 | 71 | 27 | 1.5 | 135 | 2890 | 86 | 9 | 20 | 22 |
| LUNCH CHICKEN SPECIALS | | | | | | | | | | | |
| Crusted Chicken Romano | 1100 | 490 | 55 | 19 | 1 | 220 | 2810 | 96 | 9 | 15 | 57 |
| Chicken Piccata | 1340 | 740 | 82 | 43 | 2.5 | 315 | 2750 | 85 | 5 | 6 | 66 |
| Orange Chicken | 1330 | 490 | 54 | 9 | 1.5 | 65 | 1810 | 170 | 4 | 47 | 42 |
| LUNCH FAVORITES | | | | | | | | | | | |
| Famous Factory Meatloaf | 1400 | 750 | 84 | 41 | 3 | 290 | 3660 | 105 | 7 | 43 | 52 |
| Shepherd's Pie | 1030 | 540 | 60 | 30 | 3 | 220 | 2670 | 66 | 10 | 12 | 55 |
| Fish & Chips | 1720 | 980 | 109 | 21 | 1.5 | 200 | 3090 | 125 | 9 | 35 | 51 |
| LUNCH SALMON | | | | | | | | | | | |
| Grilled Salmon | 940 | 580 | 64 | 19 | 0.5 | 160 | 1330 | 42 | 6 | 4 | 47 |
| Herb Crusted Filet of Salmon | 1150 | 770 | 86 | 34 | 2 | 235 | 1140 | 42 | 4 | 4 | 48 |
| Miso Salmon | 1000 | 430 | 48 | 24 | 1.5 | 195 | 1260 | 96 | 2 | 26 | 46 |

| | Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) |
|--|----------|--------------|---------------|-------------------|---------------|------------------|-------------|-----------------|-----------|------------|-------------|
| Cajun Salmon | 1250 | 820 | 92 | 38 | 2.5 | 265 | 1540 | 59 | 6 | 16 | 46 |
| Thai Glazed Salmon (PR) | 840 | 280 | 31 | 10 | 0 | 100 | 1240 | 89 | 4 | 18 | 52 |
| SANDWICHES | | | | | | | | | | | |
| Renee's Special | | | | | | | | | | | |
| One-Half Fresh Turkey Sandwich | 790 | 390 | 43 | 16 | 0 | 130 | 1860 | 69 | 4 | 14 | 32 |
| One-Half Chicken-Almond Salad Sandwich | 850 | 560 | 62 | 17 | 0 | 100 | 1280 | 49 | 5 | 9 | 23 |
| Cup of Soup | 310-390 | | | | | | | | | | |
| Small Green Salad | 260 | 220 | 25 | 2 | 0 | 0 | 250 | 9 | 3 | 5 | 2 |
| Small Caesar Salad | 440 | 340 | 38 | 8 | 0 | 25 | 570 | 15 | 4 | 5 | 8 |
| Chicken Shawarma | 1890 | 960 | 106 | 21 | 0 | 155 | 5350 | 163 | 12 | 33 | 59 |
| Chicken Salad Sandwich | 1180 | 700 | 78 | 19 | 0.5 | 145 | 2320 | 77 | 7 | 17 | 41 |
| Cuban Sandwich | 1200 | 660 | 73 | 25 | 1.5 | 165 | 3070 | 64 | 3 | 2 | 71 |
| The Club | 1290 | 620 | 68 | 17 | 0 | 130 | 3240 | 112 | 6 | 24 | 56 |
| Grilled Chicken and Avocado Club | 1080 | 690 | 77 | 12 | 0 | 255 | 1750 | 16 | 5 | 8 | 82 |
| Mortadella Panino | 1880 | 1030 | 115 | 42 | 1 | 195 | 4900 | 148 | 9 | 19 | 64 |
| Spicy Crispy Chicken Sandwich - Spicy Buffalo Sauce | 1090 | 590 | 66 | 24 | 0.5 | 245 | 2710 | 62 | 2 | 8 | 62 |
| Spicy Crispy Chicken Sandwich - Chipotle Mayo | 1170 | 670 | 74 | 24 | 0.5 | 240 | 1790 | 62 | 2 | 8 | 60 |
| Chicken Parmesan Sandwich | 1830 | 1090 | 121 | 62 | 3.5 | 240 | 3600 | 100 | 5 | 7 | 87 |
| B.B.Q. Kalua Pork (HI) | 930 | 410 | 45 | 17 | 0 | 240 | 1650 | 71 | 3 | 22 | 59 |
| Hawaiian Fish Sandwich - Mahi (HI) | 750 | 300 | 33 | 11 | 0 | 180 | 1680 | 71 | 5 | 23 | 41 |
| Hawaiian Fish Sandwich - Ahi (HI) | 760 | 300 | 33 | 11 | 0 | 130 | 1690 | 71 | 5 | 23 | 44 |
| Hawaiian Fish Sandwich - Salmon (HI) | 870 | 430 | 48 | 14 | 0 | 135 | 1600 | 71 | 5 | 23 | 37 |
| Hawaiian Fish Sandwich - Ono (HI) | 740 | 290 | 33 | 11 | 0 | 120 | 1670 | 71 | 5 | 23 | 40 |
| SPECIALTIES | | | | | | | | | | | |
| Green Chile Chicken Enchiladas | 1420 | 600 | 67 | 27 | 1.5 | 180 | 2760 | 143 | 21 | 11 | 65 |
| Thai Stir Fried Noodles | 1460 | 480 | 54 | 14 | 0.5 | 245 | 3170 | 222 | 7 | 90 | 23 |
| Thai Stir Fried Noodles with Shrimp | 1640 | 610 | 69 | 23 | 1 | 330 | 3370 | 233 | 7 | 90 | 36 |
| Korean Fried Chicken | 1810 | 650 | 72 | 13 | 1.5 | 80 | 3930 | 229 | 12 | 66 | 51 |
| Chicken Parmesan "Pizza Style" | 1940 | 1100 | 123 | 61 | 3 | 650 | 3730 | 90 | 5 | 10 | 120 |
| Chicken Tenders | 1990 | 950 | 106 | 37 | 2 | 335 | 3490 | 160 | 10 | 40 | 97 |
| Crispy Pineapple Chicken and Shrimp | 1630 | 450 | 50 | 8 | 0 | 150 | 2500 | 242 | 7 | 92 | 54 |
| Shepherd's Pie | 1400 | 730 | 81 | 40 | 4 | 300 | 3290 | 90 | 13 | 16 | 74 |
| Famous Factory Meatloaf | 1930 | 1030 | 115 | 55 | 3.5 | 405 | 5100 | 144 | 9 | 59 | 75 |
| Baja Chicken Tacos | 1410 | 540 | 61 | 20 | 1 | 200 | 2680 | 137 | 16 | 11 | 80 |
| Grilled Fish Tacos | 1320 | 550 | 62 | 14 | 0.5 | 115 | 2580 | 141 | 17 | 15 | 50 |
| Crispy Hand Battered Fish Tacos | 1610 | 710 | 80 | 17 | 1 | 110 | 2740 | 156 | 17 | 13 | 60 |
| Grilled Steak Tacos | 1580 | 720 | 81 | 24 | 1.5 | 165 | 2720 | 147 | 17 | 12 | 67 |
| Island Style Ahi Poke Bowl with White Rice (HI) | 1040 | 300 | 33 | 5 | 0 | 50 | 2600 | 147 | 9 | 30 | 41 |
| Island Style Ahi Poke Bowl with Kale-Cashew Salad (HI) | 1270 | 720 | 81 | 10 | 0.5 | 50 | 3330 | 102 | 13 | 54 | 42 |
| Chicken Madeira | 1300 | 660 | 73 | 35 | 2 | 415 | 2390 | 72 | 9 | 11 | 89 |
| Chicken Bellagio | 2020 | 1040 | 116 | 32 | 1.5 | 395 | 4660 | 144 | 7 | 6 | 98 |
| Crusted Chicken Romano | 1800 | 850 | 94 | 37 | 1.5 | 435 | 4420 | 132 | 13 | 20 | 107 |
| Orange Chicken | 1750 | 620 | 69 | 12 | 1.5 | 80 | 2730 | 233 | 6 | 77 | 52 |
| Truffle-Honey Chicken | 1700 | 960 | 107 | 37 | 2 | 275 | 3030 | 115 | 9 | 15 | 71 |
| Parmesan-Herb Crusted Chicken | 1370 | 700 | 78 | 42 | 2.5 | 415 | 3350 | 62 | 6 | 5 | 105 |
| Crispy Chicken Costoletta | 1800 | 1080 | 120 | 51 | 2.5 | 500 | 2990 | 104 | 12 | 9 | 77 |
| Chicken Piccata | 1420 | 760 | 85 | 44 | 2.5 | 355 | 2920 | 86 | 6 | 7 | 79 |
| Bang-Bang Chicken and Shrimp | 1370 | 500 | 56 | 22 | 0 | 235 | 1370 | 144 | 8 | 26 | 75 |
| PASTA | | | | | | | | | | | |
| Tomato Basil Pasta | 1720 | 790 | 88 | 18 | 1 | 115 | 4910 | 162 | 18 | 44 | 72 |
| Fettuccini Alfredo | 1930 | 1160 | 128 | 78 | 4.5 | 285 | 2570 | 143 | 6 | 8 | 50 |
| Fettuccini Alfredo with Chicken | 2120 | 1190 | 132 | 78 | 4.5 | 390 | 2960 | 143 | 6 | 8 | 91 |
| Pasta Carbonara | 2030 | 1250 | 139 | 68 | 3.5 | 315 | 3480 | 141 | 10 | 11 | 50 |
| Pasta Carbonara with Chicken | 2220 | 1280 | 142 | 69 | 3.5 | 420 | 3860 | 141 | 10 | 11 | 90 |
| Four Cheese Pasta | 1280 | 560 | 62 | 26 | 1 | 115 | 4110 | 132 | 11 | 23 | 49 |
| Four Cheese Pasta with Chicken | 1480 | 590 | 66 | 27 | 1 | 220 | 4890 | 132 | 11 | 23 | 90 |
| Spicy Rigatoni Vodka | 1570 | 900 | 100 | 38 | 2 | 185 | 4470 | 131 | 13 | 27 | 34 |
| Spaghetti and Meatballs | 1920 | 940 | 105 | 24 | 2 | 140 | 5550 | 179 | 19 | 34 | 66 |
| Evelyn's Favorite Pasta | 1270 | 670 | 75 | 27 | 1.5 | 75 | 2520 | 122 | 11 | 12 | 29 |
| Pasta da Vinci | 1540 | 750 | 83 | 36 | 2 | 260 | 2380 | 129 | 10 | 20 | 71 |
| Louisiana Chicken Pasta | 2270 | 1180 | 132 | 67 | 4 | 555 | 4660 | 176 | 10 | 17 | 98 |
| Farfalle with Chicken and Roasted Garlic | 1870 | 880 | 97 | 48 | 2 | 330 | 4130 | 153 | 13 | 17 | 95 |
| Spicy Chicken Chipotle Pasta | 1770 | 920 | 103 | 37 | 2 | 215 | 3230 | 146 | 13 | 24 | 67 |
| Italian Sausage and Fresh Mushroom Rigatoni | 2100 | 1350 | 151 | 78 | 4 | 395 | 3970 | 132 | 13 | 14 | 56 |
| Pasta with Shrimp and Sausage (HI) | 1780 | 870 | 97 | 30 | 1 | 205 | 5090 | 156 | 14 | 28 | 68 |
| Cajun Jambalaya Pasta | 1270 | 440 | 49 | 28 | 1.5 | 455 | 3000 | 125 | 7 | 13 | 83 |
| FISH & SEAFOOD | | | | | | | | | | | |
| Fish & Chips | 1930 | 1040 | 115 | 22 | 1.5 | 305 | 3580 | 135 | 9 | 37 | 79 |
| Shrimp and Chicken Gumbo | 1440 | 730 | 81 | 37 | 2 | 440 | 2260 | 93 | 2 | 12 | 84 |
| Shrimp Scampi | 1260 | 690 | 76 | 37 | 2 | 335 | 2340 | 105 | 7 | 7 | 41 |
| Thai Glazed Salmon (PR) | 1040 | 280 | 31 | 11 | 0 | 130 | 1470 | 121 | 6 | 19 | 70 |
| Jamaican Black Pepper Shrimp | 1290 | 250 | 27 | 7 | 0 | 360 | 1940 | 195 | 17 | 70 | 67 |
| Jamaican Black Pepper Chicken | 1390 | 260 | 29 | 7 | 0 | 225 | 1710 | 192 | 14 | 69 | 90 |
| Jamaican Black Pepper Chicken and Shrimp | 1340 | 270 | 30 | 8 | 0 | 275 | 1720 | 195 | 17 | 69 | 72 |
| Grilled Salmon | 1270 | 750 | 84 | 25 | 1 | 225 | 1640 | 64 | 9 | 5 | 62 |
| Cajun Salmon | 1570 | 1020 | 114 | 49 | 3 | 340 | 2030 | 77 | 7 | 17 | 59 |
| Herb Crusted Filet of Salmon | 1350 | 830 | 93 | 43 | 2.5 | 290 | 1620 | 65 | 5 | 4 | 64 |
| Miso Salmon | 1340 | 610 | 67 | 31 | 1.5 | 240 | 1430 | 120 | 5 | 27 | 64 |
| Grilled Branzino | 1410 | 840 | 94 | 40 | 2.5 | 290 | 1910 | 66 | 7 | 5 | 72 |
| Macadamia Crusted Fresh Hawaiian Fish - Mahi (HI) | 1340 | 670 | 75 | 25 | 1.5 | 290 | 1310 | 102 | 6 | 12 | 64 |
| Macadamia Crusted Fresh Hawaiian Fish - Ahi (HI) | 1420 | 710 | 80 | 26 | 1.5 | 230 | 1440 | 103 | 6 | 12 | 79 |
| Macadamia Crusted Fresh Hawaiian Fish - Salmon (HI) | 1660 | 990 | 110 | 32 | 1.5 | 235 | 1260 | 103 | 6 | 12 | 65 |
| Macadamia Crusted Fresh Hawaiian Fish - Ono (HI) | 1410 | 720 | 81 | 26 | 1.5 | 220 | 1500 | 102 | 6 | 12 | 75 |
| Sesame Crusted Fresh Hawaiian Fish - Mahi (HI) | 1470 | 590 | 66 | 7 | 0 | 235 | 5010 | 130 | 15 | 19 | 88 |
| Sesame Crusted Fresh Hawaiian Fish - Ahi (HI) | 1490 | 600 | 67 | 7 | 0 | 150 | 5060 | 130 | 15 | 19 | 96 |
| Sesame Crusted Fresh Hawaiian Fish - Salmon (HI) | 1720 | 860 | 96 | 13 | 0 | 155 | 4880 | 130 | 15 | 19 | 83 |
| STEAKS & CHOPS | | | | | | | | | | | |
| Carne Asada Steak | 1290 | 550 | 61 | 24 | 2 | 190 | 1350 | 132 | 8 | 20 | 57 |
| Steak Frites | 1490 | 790 | 88 | 32 | 3 | 125 | 2810 | 121 | 9 | 15 | 55 |
| Steak Diane | 1150 | 580 | 65 | 27 | 2 | 260 | 2750 | 67 | 6 | 14 | 76 |
| Spicy Ginger Beef Tenderloin | 1220 | 420 | 47 | 8 | 0.5 | 95 | 1810 | 156 | 8 | 38 | 46 |
| Grilled Rib-Eye Steak | 1250 | 720 | 80 | 40 | 4 | 270 | 2310 | 57 | 7 | 3 | 75 |
| Filet Mignon | 840 | 340 | 38 | 21 | 1.5 | 245 | 1680 | 56 | 7 | 3 | 67 |
| SIDE DISHES | | | | | | | | | | | |
| French Fries | 1060 | 410 | 46 | 8 | 0 | 0 | 2500 | 152 | 10 | 25 | 11 |
| Green Beans | 140 | 90 | 10 | 6 | 0 | 0 | 300 | 10 | 4 | 2 | 3 |
| Sweet Potato Fries | 1010 | 470 | 52 | 9 | 0 | 10 | 1800 | 125 | 14 | 58 | 7 |
| Fresh Corn | 270 | 120 | 14 | 6 | 0 | 0 | 610 | 28 | 8 | 11 | 8 |
| Mashed Potatoes | 450 | 230 | 25 | 15 | 1 | 80 | 820 | 49 | 4 | 2 | 5 |
| Sauteed Spinach | 650 | 590 | 67 | 41 | 2.5 | 125 | 1100 | 10 | 5 | 1 | 7 |
| Macaroni & Cheese | 1550 | 980 | 109 | 67 | 4.5 | 345 | 2690 | 92 | 5 | 9 | 50 |
| Broccoli | 260 | 160 | 18 | 3 | 0 | 10 | 710 | 15 | 8 | 2 | 8 |
| Steamed White Rice (PR) | 440 | 10 | 1.5 | 0.5 | 0 | 0 | 80 | 98 | 2 | 0 | 10 |
| Black Beans (PR) | 340 | 25 | 2.5 | 0 | 0 | 0 | 940 | 59 | 20 | 5 | 20 |
| Plantains (PR) | 630 | 80 | 9 | 1.5 | 0 | 0 | 810 | 134 | 12 | 97 | 6 |
| Rice and Beans (PR) | 510 | 120 | 14 | 8 | 0 | 30 | 830 | 82 | 9 | 2 | 14 |
| Grilled Asparagus | 120 | 70 | 8 | 4.5 | 0 | 0 | 450 | 8 | 3 | 0 | 5 |
| EGGS & OMELETTES | | | | | | | | | | | |
| Farm Fresh Eggs | 280 | 220 | 25 | 12 | 0 | 425 | 150 | 1 | 0 | 0 | 13 |
| Farm Fresh Eggs with Old Smokehouse® Bacon | 480 | 360 | 40 | 18 | 0.5 | 465 | 220 | 4 | 0 | 3 | 25 |
| Farm Fresh Eggs with Grilled Ham | 440 | 260 | 29 | 14 | 0 | 505 | 1770 | 2 | 0 | 1 | 44 |

| | Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Cals per Srv |
|--|----------|--------------|---------------|-------------------|---------------|------------------|-------------|-----------------|-----------|------------|-------------|--------------|
| Farm Fresh Eggs with Chicken Sausage | 520 | 350 | 39 | 18 | 0 | 590 | 1440 | 3 | 0 | 2 | 40 | |
| Brioche Breakfast Sandwich | 1030 | 600 | 67 | 28 | 1 | 530 | 1920 | 59 | 0 | 5 | 48 | |
| FACTORY CREATE AN OMELETTE | | | | | | | | | | | | |
| Plain Omelette | 630 | 530 | 60 | 17 | 1 | 670 | 790 | 2 | 0 | 1 | 22 | |
| Bacon | 140 | 110 | 13 | 4.5 | 0 | 25 | 230 | 0 | 0 | 1 | 5 | |
| Ham | 60 | 15 | 1.5 | 0.5 | 0 | 30 | 610 | 0 | 0 | 0 | 12 | |
| Cheddar Cheese | 230 | 170 | 19 | 12 | 1 | 70 | 380 | 1 | 0 | 0 | 13 | |
| Jack Cheese | 210 | 160 | 18 | 11 | 1 | 70 | 380 | 1 | 0 | 0 | 12 | |
| Swiss Cheese | 220 | 150 | 17 | 10 | 1 | 45 | 115 | 0 | 0 | 0 | 17 | |
| Fontina Cheese | 180 | 130 | 14 | 10 | 0 | 45 | 400 | 1 | 0 | 0 | 13 | |
| Avocado | 40 | 30 | 3.5 | 0 | 0 | 0 | 1 | 2 | 2 | 0 | 0 | |
| Roasted Peppers | 20 | 0 | 0 | 0 | 0 | 0 | 10 | 4 | 1 | 3 | 1 | |
| Fresh Mushrooms | 15 | 0 | 0 | 0 | 0 | 0 | 10 | 2 | 1 | 0 | 2 | |
| Asparagus | 25 | 5 | 1 | 0 | 0 | 0 | 80 | 3 | 1 | 1 | 2 | |
| Spinach | 5 | 0 | 0 | 0 | 0 | 0 | 20 | 1 | 1 | 0 | 1 | |
| Bell Peppers | 15 | 0 | 0 | 0 | 0 | 0 | 1 | 4 | 1 | 2 | 1 | |
| Fresh Tomato | 10 | 0 | 0 | 0 | 0 | 0 | 2 | 2 | 1 | 1 | 0 | |
| Red Onions | 10 | 0 | 0 | 0 | 0 | 0 | 1 | 3 | 0 | 1 | 0 | |
| Green Onions | 5 | 0 | 0 | 0 | 0 | 0 | 2 | 1 | 0 | 0 | 0 | |
| California Omelette | 1090 | 810 | 91 | 42 | 2.5 | 810 | 1570 | 13 | 4 | 4 | 55 | |
| Spinach, Mushroom, Bacon and Cheese Omelette | 1050 | 810 | 90 | 46 | 2 | 820 | 1570 | 14 | 3 | 4 | 48 | |
| Grilled Steak & Eggs | 660 | 490 | 55 | 26 | 0 | 520 | 1100 | 2 | 0 | 1 | 45 | |
| Loco Moco (HI) | 1750 | 960 | 108 | 34 | 3.5 | 595 | 1960 | 112 | 4 | 5 | 81 | |
| BREAKFAST ACCOMPANIMENTS | | | | | | | | | | | | |
| Breakfast Potatoes | 630 | 340 | 37 | 9 | 0 | 10 | 790 | 66 | 6 | 15 | 8 | |
| Sliced Tomatoes | 25 | 0 | 0 | 0 | 0 | 0 | 5 | 5 | 2 | 3 | 1 | |
| White Toast | 330 | 50 | 5 | 2.5 | 0 | 0 | 730 | 64 | 2 | 8 | 10 | |
| Wheat Toast | 270 | 35 | 4 | 0.5 | 0 | 0 | 560 | 49 | 5 | 8 | 10 | |
| Bagel | 360 | 15 | 1.5 | 0 | 0 | 0 | 580 | 74 | 2 | 7 | 11 | |
| English Muffin | 190 | 10 | 1.5 | 0 | 0 | 0 | 310 | 37 | 2 | 2 | 6 | |
| Sourdough Baguette | 260 | 10 | 1 | 0 | 0 | 0 | 660 | 55 | 2 | 1 | 9 | |
| Wheat Baguette | 370 | 40 | 4 | 0.5 | 0 | 0 | 550 | 72 | 5 | 15 | 12 | |
| SATURDAY & SUNDAY BRUNCH | | | | | | | | | | | | |
| Giant Belgian Waffle | 690 | 370 | 41 | 22 | 1.5 | 115 | 680 | 77 | 1 | 50 | 6 | |
| Giant Belgian Waffle with Strawberries, Pecans and Chantilly Cream | 950 | 500 | 56 | 27 | 1.5 | 135 | 750 | 108 | 5 | 76 | 8 | |
| Fried Chicken & Waffles | 1190 | 540 | 61 | 26 | 1.5 | 215 | 1260 | 118 | 1 | 54 | 44 | |
| Buttermilk Pancakes | 1670 | 700 | 78 | 28 | 1.5 | 195 | 3650 | 214 | 8 | 79 | 30 | |
| Cinnamon Roll Pancakes | 2360 | 1090 | 123 | 53 | 3.5 | 350 | 3910 | 285 | 3 | 148 | 31 | |
| Lemon-Ricotta Pancakes | 2100 | 920 | 103 | 44 | 2 | 365 | 3660 | 258 | 4 | 139 | 36 | |
| Bruléed French Toast | 2110 | 1630 | 182 | 96 | 5 | 845 | 530 | 90 | 2 | 62 | 25 | |
| Bruléed French Toast with Bacon | 2310 | 1770 | 198 | 101 | 6 | 890 | 600 | 94 | 2 | 65 | 37 | |
| Bruléed French Toast with Grilled Ham | 2270 | 1670 | 186 | 97 | 5 | 925 | 2160 | 91 | 2 | 63 | 56 | |
| Bruléed French Toast with Chicken Sausage | 2350 | 1760 | 196 | 101 | 5 | 1010 | 1820 | 92 | 2 | 64 | 52 | |
| Brunch Combo | 1110 | 690 | 77 | 38 | 2 | 555 | 1010 | 81 | 2 | 50 | 26 | |
| Brunch Flatbread | 1320 | 720 | 80 | 43 | 1.5 | 540 | 2350 | 96 | 5 | 7 | 54 | |
| Eggs Benedict with Canadian Bacon and Hollandaise | 1290 | 930 | 104 | 57 | 3 | 345 | 1740 | 50 | 3 | 3 | 38 | |
| Bacon And Avocado Benedict | 1520 | 1120 | 125 | 62 | 3 | 350 | 1070 | 62 | 7 | 10 | 36 | |
| Fried Chicken & Waffles Benedict | 1670 | 1150 | 128 | 71 | 3.5 | 425 | 1440 | 96 | 3 | 48 | 33 | |
| Green Chilaquiles with Carnitas and Eggs | 1650 | 910 | 102 | 33 | 1 | 945 | 2560 | 100 | 12 | 15 | 85 | |
| Green Chilaquiles with Chicken and Eggs | 1620 | 900 | 100 | 29 | 1 | 990 | 3040 | 88 | 11 | 18 | 90 | |
| Monte Cristo Sandwich | 1960 | 1080 | 121 | 64 | 3.5 | 870 | 2470 | 145 | 6 | 70 | 74 | |
| Jambalaya Hash & Eggs | 1750 | 1150 | 128 | 68 | 3.5 | 750 | 2370 | 106 | 8 | 15 | 44 | |
| Breakfast Burrito | 2080 | 1250 | 139 | 69 | 3.5 | 950 | 4580 | 121 | 20 | 19 | 88 | |
| CHEESECAKES | | | | | | | | | | | | |
| Original | 830 | 530 | 59 | 37 | 2 | 265 | 510 | 63 | 1 | 51 | 12 | |
| Fresh Strawberry | 1000 | 620 | 69 | 43 | 2.5 | 305 | 550 | 82 | 2 | 66 | 12 | |
| Oreo® Dream Extreme Cheesecake | 1510 | 830 | 93 | 51 | 2.5 | 290 | 800 | 166 | 7 | 122 | 15 | |
| Ultimate Red Velvet Cake Cheesecake™ | 1580 | 1050 | 116 | 62 | 4 | 350 | 630 | 125 | 1 | 104 | 14 | |
| Reese's® Peanut Butter Chocolate Cake Cheesecake | 1510 | 850 | 95 | 44 | 2 | 245 | 940 | 154 | 8 | 121 | 23 | |
| Godiva® Chocolate Cheesecake | 1400 | 950 | 105 | 66 | 3 | 380 | 260 | 110 | 8 | 96 | 15 | |
| Peach Perfect With Raspberry Drizzle | 1450 | 880 | 98 | 63 | 2.5 | 360 | 550 | 129 | 2 | 109 | 13 | |
| Coconut Cream Pie Cheesecake | 1370 | 880 | 98 | 64 | 2.5 | 335 | 530 | 114 | 5 | 93 | 12 | |
| Adam's Peanut Butter Cup Fudge Ripple | 1250 | 740 | 82 | 43 | 2 | 245 | 750 | 118 | 5 | 94 | 18 | |
| Triple Berry Bliss | 1300 | 780 | 86 | 50 | 2.5 | 305 | 580 | 122 | 2 | 94 | 11 | |
| Cookie Dough Lover's Cheesecake with Pecans | 1550 | 950 | 105 | 62 | 3 | 375 | 650 | 145 | 5 | 110 | 15 | |
| Pineapple Upside-Down Cheesecake | 1260 | 750 | 83 | 47 | 2 | 310 | 510 | 109 | 1 | 99 | 10 | |
| Celebration Cheesecake | 1380 | 880 | 98 | 58 | 3.5 | 370 | 740 | 114 | 1 | 87 | 15 | |
| Cinnamon® Cinnamon Swirl Cheesecake | 1370 | 770 | 85 | 51 | 3 | 275 | 710 | 141 | 2 | 120 | 10 | |
| Salted Caramel Cheesecake | 1240 | 660 | 73 | 43 | 2.5 | 300 | 750 | 130 | 2 | 107 | 15 | |
| Toasted Marshmallow S'mores Galore™ | 1550 | 970 | 108 | 67 | 3 | 350 | 570 | 141 | 6 | 102 | 14 | |
| Dulce De Leche Caramel Cheesecake | 1390 | 990 | 110 | 61 | 3 | 385 | 600 | 107 | 2 | 83 | 14 | |
| White Chocolate Raspberry Truffle® | 1220 | 800 | 89 | 57 | 3 | 365 | 550 | 92 | 1 | 78 | 13 | |
| Mango Key Lime Cheesecake | 1300 | 770 | 85 | 54 | 2.5 | 350 | 520 | 123 | 2 | 97 | 13 | |
| Fresh Banana Cream Cheesecake | 1250 | 810 | 90 | 56 | 3 | 405 | 510 | 99 | 3 | 79 | 14 | |
| Very Cherry Ghirardelli® Chocolate Cheesecake | 1160 | 750 | 84 | 51 | 2.5 | 295 | 380 | 96 | 4 | 81 | 11 | |
| Lemon Raspberry Cream Cheesecake | 1040 | 660 | 73 | 42 | 2.5 | 320 | 420 | 87 | 2 | 72 | 10 | |
| CHEESECAKES AND DESSERTS | | | | | | | | | | | | |
| Chocolate Tuxedo Cream® Cheesecake | 1250 | 810 | 90 | 55 | 2.5 | 305 | 400 | 109 | 5 | 87 | 11 | |
| Chocolate Caramelicious Cheesecake Made With Snickers® | 1370 | 860 | 96 | 50 | 2.5 | 340 | 400 | 116 | 6 | 96 | 19 | |
| Chocolate Mousse Cheesecake | 1220 | 850 | 94 | 58 | 3 | 385 | 480 | 85 | 4 | 69 | 13 | |
| Lemon Meringue Cheesecake | 1170 | 660 | 73 | 48 | 2 | 315 | 510 | 117 | 1 | 95 | 13 | |
| Hershey's® Chocolate Bar Cheesecake | 1320 | 770 | 85 | 49 | 2.5 | 275 | 610 | 135 | 7 | 109 | 14 | |
| Low-Licious Cheesecake | 570 | 400 | 44 | 26 | 1 | 195 | 460 | 37 | 7 | 5 | 10 | |
| Low-Licious Cheesecake with Strawberries | 580 | 400 | 44 | 26 | 1 | 195 | 460 | 39 | 8 | 7 | 10 | |
| Vanilla Bean Cheesecake | 1170 | 790 | 88 | 57 | 2.5 | 325 | 480 | 84 | 1 | 68 | 11 | |
| Tiramisu Cheesecake | 980 | 630 | 70 | 41 | 2 | 310 | 450 | 75 | 1 | 64 | 11 | |
| Key Lime Cheesecake | 1160 | 780 | 86 | 53 | 3 | 470 | 430 | 92 | 1 | 74 | 13 | |
| Caramel Pecan Turtle Cheesecake | 1300 | 790 | 88 | 50 | 2.5 | 340 | 450 | 124 | 6 | 102 | 15 | |
| Fresh Pineapple Cheesecake (HI) | 1140 | 650 | 73 | 45 | 2.5 | 315 | 520 | 109 | 3 | 91 | 13 | |
| Pumpkin | 1040 | 710 | 79 | 48 | 2.5 | 330 | 500 | 76 | 2 | 60 | 10 | |
| Pumpkin Pecan | 1270 | 810 | 90 | 46 | 2.5 | 355 | 450 | 105 | 4 | 74 | 14 | |
| A La Mode | 400 | 220 | 24 | 16 | 1 | 95 | 110 | 36 | 0 | 34 | 8 | |
| Hot Fudge | 280 | 180 | 20 | 13 | 0 | 40 | 20 | 27 | 3 | 19 | 3 | |
| SPECIALTY DESSERTS | | | | | | | | | | | | |
| Linda's Fudge Cake | 1450 | 590 | 66 | 29 | 1.5 | 145 | 1040 | 233 | 9 | 165 | 13 | |
| Carrot Cake | 1720 | 1100 | 122 | 57 | 3.5 | 300 | 1060 | 146 | 5 | 116 | 15 | |
| Chocolate Tower Truffle Cake™ | 1770 | 1000 | 111 | 60 | 2.5 | 375 | 970 | 192 | 11 | 143 | 20 | |
| Tiramisu | 1270 | 850 | 94 | 52 | 3 | 455 | 340 | 91 | 1 | 66 | 13 | |
| Warm Apple Crisp | 1000 | 300 | 33 | 19 | 1 | 105 | 390 | 170 | 3 | 139 | 9 | |
| Fresh Strawberry Shortcake | 1340 | 690 | 76 | 47 | 1.5 | 265 | 1140 | 143 | 3 | 77 | 25 | |
| Bowl of Fresh Strawberries | 250 | 130 | 15 | 9 | 0 | 55 | 15 | 26 | 5 | 19 | 3 | |
| ICE CREAM DELIGHTS | | | | | | | | | | | | |
| Hot Fudge Sundae | 1280 | 770 | 86 | 51 | 2.5 | 260 | 220 | 116 | 6 | 97 | 20 | |
| Godiva® Chocolate Brownie Sundae - Serves 2-4 | 1750 | 1060 | 118 | 71 | 2 | 330 | 420 | 168 | 10 | 134 | 25 | 440 |
| Bowl of Vanilla Ice Cream | 750 | 460 | 51 | 32 | 2 | 195 | 180 | 60 | 0 | 57 | 13 | |
| CREAMY MILKSHAKES | | | | | | | | | | | | |
| Chocolate Milkshake | 1260 | 600 | 67 | 43 | 2.5 | 220 | 410 | 143 | 2 | 123 | 22 | |
| Vanilla Milkshake | 1210 | 600 | 66 | 42 | 2.5 | 220 | 370 | 132 | 0 | 117 | 21 | |
| Strawberry Milkshake | 1210 | 530 | 59 | 37 | 2 | 190 | 320 | 154 | 4 | 131 | 19 | |
| Oreo® Milkshake | 1630 | 810 | 90 | 50 | 3 | 235 | 770 | 182 | 2 | 134 | 26 | |

| | Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) |
|---|----------|--------------|---------------|-------------------|---------------|------------------|-------------|-----------------|-----------|------------|-------------|
| ICED & FROZEN DRINKS | | | | | | | | | | | |
| Strawberry Fruit Smoothie | 340 | 50 | 6 | 4.5 | 0 | 0 | 25 | 74 | 5 | 62 | 2 |
| Tropical Smoothie | 400 | 50 | 5 | 4.5 | 0 | 0 | 35 | 87 | 2 | 83 | 2 |
| Peach Smoothie | 330 | 0 | 0 | 0 | 0 | 0 | 15 | 82 | 2 | 78 | 2 |
| Frozen Iced Mango | 360 | 35 | 4 | 3.5 | 0 | 0 | 20 | 80 | 2 | 76 | 2 |
| HOT DRINKS & ESPRESSOS | | | | | | | | | | | |
| Café (PR) | 10 | 0 | 0 | 0 | 0 | 0 | 20 | 1 | 0 | 0 | 0 |
| Café Cortadito (PR) | 15 | 5 | 0.5 | 0 | 0 | 0 | 15 | 2 | 0 | 1 | 1 |
| Café con Leche (PR) | 100 | 50 | 5 | 3.5 | 0 | 25 | 85 | 9 | 0 | 8 | 5 |
| Café Latte | 140 | 40 | 4.5 | 2.5 | 0 | 20 | 160 | 16 | 0 | 14 | 10 |
| Café Mocha | 630 | 420 | 46 | 29 | 1.5 | 145 | 150 | 48 | 3 | 38 | 11 |
| Cappuccino | 100 | 25 | 3 | 2 | 0 | 15 | 110 | 11 | 0 | 9 | 7 |
| Double Espresso | 5 | 0 | 0 | 0 | 0 | 0 | 10 | 1 | 0 | 0 | 0 |
| Caramel Royale Macchiato | 660 | 310 | 34 | 22 | 1 | 135 | 140 | 79 | 0 | 74 | 9 |
| Factory Hot Chocolate | 820 | 490 | 54 | 34 | 1.5 | 165 | 160 | 77 | 4 | 65 | 12 |
| Freshly Brewed Coffee | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| Cold Brew Iced Coffee | 5 | 0 | 0 | 0 | 0 | 0 | 15 | 0 | 0 | 0 | 0 |
| Certified Organic Black and Herb Teas | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 |
| BEVERAGES | | | | | | | | | | | |
| Freshly Brewed Black, Green or Tropical Iced Teas | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 |
| Sweet Tea | 110 | 0 | 0 | 0 | 0 | 0 | 10 | 28 | 0 | 28 | 0 |
| The Cheesecake Factory Signature Lemonade | 310 | 0 | 0 | 0 | 0 | 0 | 15 | 84 | 0 | 78 | 1 |
| Strawberry Lemonade | 330 | 0 | 0 | 0 | 0 | 0 | 15 | 87 | 1 | 81 | 1 |
| Cucumber Lemonade | 340 | 0 | 0 | 0 | 0 | 0 | 45 | 90 | 1 | 75 | 1 |
| Peach Lemonade | 330 | 0 | 0 | 0 | 0 | 0 | 15 | 83 | 4 | 78 | 1 |
| Arnold Palmer | 160 | 0 | 0 | 0 | 0 | 0 | 15 | 42 | 0 | 40 | 0 |
| Coke® | 100 | 0 | 0 | 0 | 0 | 0 | 10 | 27 | 0 | 27 | 0 |
| Diet Coke® | 0 | 0 | 0 | 0 | 0 | 0 | 20 | 0 | 0 | 0 | 0 |
| Coca-Cola® Zero Sugar | 0 | 0 | 0 | 0 | 0 | 0 | 15 | 0 | 0 | 0 | 0 |
| Fanta Orange Soda (PR) | 100 | 0 | 0 | 0 | 0 | 0 | 15 | 30 | 0 | 27 | 0 |
| Fanta Fruit Punch (HI) | 100 | 0 | 0 | 0 | 0 | 0 | 20 | 28 | 0 | 28 | 0 |
| Barq's® Root Beer | 110 | 0 | 0 | 0 | 0 | 0 | 20 | 29 | 0 | 29 | 0 |
| Sprite® | 100 | 0 | 0 | 0 | 0 | 0 | 30 | 26 | 0 | 26 | 0 |
| Sprite Zero® (PR) | 0 | 0 | 0 | 0 | 0 | 0 | 15 | 0 | 0 | 0 | 0 |
| Dr. Pepper® | 100 | 0 | 0 | 0 | 0 | 0 | 40 | 27 | 0 | 26 | 0 |
| Diet Dr. Pepper® (TX & OK) | 0 | 0 | 0 | 0 | 0 | 0 | 45 | 0 | 0 | 0 | 0 |
| Canada Dry® Ginger Ale | 110 | 0 | 0 | 0 | 0 | 0 | 40 | 30 | 0 | 29 | 0 |
| Fiji Natural Artesian Water | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| San Pellegrino Water | 0 | 0 | 0 | 0 | 0 | 0 | 50 | 0 | 0 | 0 | 0 |
| Fresh Orange Juice | 170 | 5 | 0.5 | 0 | 0 | 0 | 3 | 39 | 1 | 31 | 3 |
| Apple Juice | 190 | 0 | 0 | 0 | 0 | 0 | 25 | 44 | 0 | 41 | 0 |
| SPECIAL MENU | | | | | | | | | | | |
| BITES | | | | | | | | | | | |
| Avocado Toast | 340 | 240 | 26 | 5 | 0 | 5 | 610 | 23 | 7 | 2 | 5 |
| Meatball Sliders | 480 | 230 | 25 | 11 | 0.5 | 55 | 1390 | 42 | 2 | 3 | 21 |
| Ricotta Cheese Toast | 390 | 240 | 27 | 15 | 0.5 | 75 | 660 | 28 | 1 | 12 | 11 |
| New Orleans Cajun Shrimp | 600 | 420 | 47 | 19 | 1.5 | 125 | 980 | 27 | 2 | 3 | 18 |
| Baked Brie With Truffle-Honey Butter | 610 | 370 | 41 | 19 | 1 | 65 | 860 | 47 | 1 | 13 | 14 |
| Chicken & Biscuits | 1240 | 790 | 88 | 52 | 2 | 305 | 1460 | 71 | 1 | 19 | 44 |
| Parmesan Truffle Fries | 1200 | 670 | 74 | 14 | 0 | 20 | 2440 | 118 | 9 | 16 | 11 |
| Crispy Rice Cakes With Crab | 360 | 160 | 18 | 3.5 | 0 | 55 | 750 | 36 | 1 | 6 | 13 |
| BOWLS | | | | | | | | | | | |
| Chicken Katsu | 1380 | 390 | 44 | 8 | 0.5 | 100 | 2520 | 190 | 10 | 35 | 57 |
| Orange Cauliflower | 1390 | 480 | 54 | 9 | 0 | 0 | 2280 | 205 | 10 | 67 | 22 |
| Peruvian Chicken | 1200 | 350 | 40 | 14 | 1 | 165 | 2350 | 153 | 12 | 30 | 60 |
| Carnitas | 1490 | 470 | 53 | 18 | 1 | 110 | 3120 | 196 | 18 | 12 | 62 |
| Southern Fried Chicken | 1540 | 830 | 92 | 44 | 2.5 | 280 | 3000 | 122 | 8 | 26 | 58 |
| Teriyaki Salmon | 1130 | 300 | 33 | 6 | 0 | 75 | 2030 | 162 | 7 | 49 | 44 |
| SKINNYLICIOUS® COCKTAILS | | | | | | | | | | | |
| SkinnyLicious® Long Island Iced Tea | 110 | 0 | 0 | 0 | 0 | 0 | 20 | 6 | 0 | 5 | 0 |
| SkinnyLicious® Sangria | 130 | 0 | 0 | 0 | 0 | 0 | 10 | 19 | 1 | 17 | 0 |
| SkinnyLicious® Margarita | 150 | 0 | 0 | 0 | 0 | 0 | 125 | 17 | 0 | 12 | 0 |
| SkinnyLicious® Mojito | 150 | 0 | 0 | 0 | 0 | 0 | 210 | 16 | 1 | 8 | 0 |
| SkinnyLicious® Cosmopolitan | 110 | 0 | 0 | 0 | 0 | 0 | 15 | 9 | 0 | 7 | 0 |
| SKINNYLICIOUS® SMALL PLATES & APPETIZERS | | | | | | | | | | | |
| Chicken Taquitos | 400 | 200 | 23 | 7 | 0 | 50 | 1150 | 33 | 5 | 6 | 16 |
| Asian Cucumber Salad | 440 | 330 | 36 | 5 | 0 | 0 | 2160 | 27 | 1 | 20 | 2 |
| Grilled Asparagus | 360 | 270 | 30 | 15 | 0.5 | 70 | 720 | 13 | 5 | 3 | 10 |
| Honey Roasted Carrots | 440 | 240 | 27 | 11 | 0.5 | 50 | 1030 | 45 | 6 | 31 | 4 |
| Stuffed Mushrooms | 510 | 380 | 42 | 22 | 1.5 | 105 | 500 | 19 | 4 | 5 | 15 |
| Crispy Brussels Sprouts | 570 | 420 | 46 | 13 | 0.5 | 30 | 410 | 30 | 8 | 15 | 8 |
| Crispy Crab Bites | 410 | 270 | 31 | 6 | 0 | 85 | 600 | 19 | 2 | 5 | 15 |
| Crab Wontons | 550 | 300 | 34 | 11 | 1 | 70 | 1050 | 48 | 2 | 18 | 14 |
| Chicken Pot Stickers | 380 | 110 | 12 | 2.5 | 0 | 90 | 2550 | 38 | 1 | 13 | 27 |
| Spicy Tuna* | 460 | 200 | 22 | 4 | 0 | 40 | 1490 | 46 | 2 | 15 | 20 |
| Ahi Tartare (HI) | 240 | 130 | 14 | 2 | 0 | 25 | 680 | 17 | 4 | 3 | 14 |
| SKINNYLICIOUS® SALADS | | | | | | | | | | | |
| Little House Salad | 260 | 220 | 25 | 2 | 0 | 0 | 250 | 10 | 3 | 5 | 2 |
| Tossed Green Salad | 190 | 100 | 11 | 2.5 | 0 | 5 | 230 | 19 | 3 | 4 | 6 |
| Tossed Green Salad with SK Mustard Vinaigrette | 280 | 140 | 16 | 3 | 0 | 5 | 1130 | 28 | 4 | 8 | 6 |
| Tossed Green Salad with SK Sesame Soy Dressing | 300 | 120 | 13 | 2.5 | 0 | 5 | 1710 | 39 | 5 | 18 | 8 |
| Beet and Avocado Salad | 290 | 110 | 12 | 3 | 0 | 5 | 480 | 41 | 8 | 29 | 7 |
| SkinnyLicious® Factory Chopped Salad | 530 | 260 | 29 | 9 | 0 | 85 | 1660 | 36 | 11 | 16 | 34 |
| SkinnyLicious® Asian Chicken Salad | 570 | 220 | 25 | 3 | 0 | 65 | 2810 | 54 | 11 | 25 | 37 |
| Mexican Tortilla Salad | 550 | 210 | 23 | 4.5 | 0 | 60 | 2080 | 59 | 12 | 19 | 29 |
| Seared Tuna Tataki Salad | 450 | 260 | 29 | 2.5 | 0 | 45 | 1280 | 16 | 5 | 8 | 34 |
| SKINNYLICIOUS® BURGERS & SANDWICHES | | | | | | | | | | | |
| SkinnyLicious® Hamburger | 570 | 270 | 30 | 11 | 1.5 | 105 | 1180 | 41 | 3 | 9 | 35 |
| Impossible® Burger | 560 | 240 | 27 | 10 | 0 | 5 | 1520 | 51 | 8 | 9 | 30 |
| SkinnyLicious® Crispy Chicken Sandwich | 560 | 240 | 27 | 6 | 0 | 55 | 1330 | 57 | 3 | 10 | 25 |
| SkinnyLicious® Spicy Chicken Sandwich | 580 | 250 | 28 | 6 | 0 | 55 | 1420 | 58 | 3 | 11 | 25 |
| SkinnyLicious® Grilled Turkey Burger | 560 | 270 | 30 | 11 | 0.5 | 105 | 1030 | 45 | 5 | 12 | 29 |
| SkinnyLicious® Turkey & Avocado Sandwich | 550 | 240 | 26 | 8 | 0 | 80 | 1650 | 43 | 4 | 10 | 38 |
| SKINNYLICIOUS® TACOS | | | | | | | | | | | |
| Asian Chicken Lettuce Wrap Tacos | 450 | 140 | 15 | 4 | 0 | 80 | 1040 | 49 | 3 | 32 | 29 |
| SkinnyLicious® Chicken Soft Tacos | 520 | 140 | 16 | 3.5 | 0 | 80 | 1050 | 64 | 13 | 14 | 32 |
| SkinnyLicious® Shrimp Soft Tacos | 520 | 130 | 15 | 3 | 0 | 185 | 1010 | 67 | 13 | 14 | 31 |
| SKINNYLICIOUS® SPECIALTIES | | | | | | | | | | | |
| SkinnyLicious® Chicken Pasta | 590 | 110 | 13 | 1.5 | 0 | 90 | 1760 | 75 | 7 | 10 | 46 |
| Sesame Ginger Chicken | 590 | 200 | 23 | 3 | 0 | 100 | 2320 | 55 | 9 | 30 | 46 |
| Tuscan Chicken | 590 | 190 | 21 | 3.5 | 0 | 235 | 1560 | 19 | 5 | 5 | 81 |
| Lemon-Garlic Shrimp | 550 | 190 | 21 | 11 | 0.5 | 200 | 2320 | 51 | 4 | 3 | 32 |
| SkinnyLicious® Grilled Salmon | 590 | 320 | 36 | 7 | 0 | 105 | 1020 | 22 | 7 | 12 | 45 |
| Grilled Steak Medallions | 440 | 170 | 19 | 10 | 0.5 | 140 | 1320 | 24 | 4 | 6 | 45 |
| SkinnyLicious® Grilled Branzino | 530 | 260 | 29 | 12 | 0.5 | 105 | 1250 | 30 | 5 | 5 | 36 |
| KIDS' MENU | | | | | | | | | | | |
| Kids' Roadside Sliders | 360 | 150 | 16 | 6 | 1 | 60 | 750 | 30 | 0 | 6 | 22 |
| Kids' Mini Corn Dogs | 610 | 380 | 42 | 15 | 2 | 75 | 1790 | 41 | 3 | 7 | 17 |
| Kids' Grilled Cheese Sandwich | 700 | 340 | 37 | 21 | 1 | 135 | 1960 | 73 | 4 | 9 | 18 |

| | Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Cals per Srv |
|--|----------|--------------|---------------|-------------------|---------------|------------------|-------------|-----------------|-----------|------------|-------------|--------------|
| Kids' Grilled Cheese Sandwich (Queens/ Philly) | 450 | 250 | 28 | 14 | 1 | 85 | 620 | 35 | 2 | 3 | 15 | |
| Kids' Fried Chicken Strips | 460 | 250 | 28 | 5 | 0 | 65 | 550 | 28 | 4 | 4 | 24 | |
| Kids' French Fries | 300 | 100 | 11 | 2 | 0 | 0 | 870 | 45 | 0 | 12 | 3 | |
| Kids' French Fries (Queens/ Philly) | 240 | 100 | 11 | 2 | 0 | 0 | 390 | 30 | 0 | 0 | 3 | |
| Kids' Fresh Fruit | 50 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 0 | 10 | 1 | |
| Kids' Pasta with Butter and Parmesan | 460 | 170 | 19 | 11 | 0.5 | 45 | 950 | 60 | 2 | 2 | 13 | |
| Kids' Pasta with Marinara Sauce | 470 | 120 | 13 | 1 | 0 | 0 | 1600 | 73 | 0 | 11 | 15 | |
| Kids' Pasta with Alfredo Sauce | 910 | 540 | 60 | 37 | 2 | 170 | 1370 | 69 | 6 | 6 | 25 | |
| Kids' Spaghetti with Meatball | 680 | 280 | 31 | 8 | 0.5 | 60 | 2180 | 72 | 7 | 14 | 29 | |
| Kids' Spaghetti with Meatball (Queens/Philly) | 680 | 280 | 31 | 8 | 0.5 | 60 | 2180 | 72 | 7 | 14 | 29 | |
| Kids' Macaroni and Cheese | 1160 | 710 | 79 | 48 | 3 | 235 | 2040 | 84 | 5 | 9 | 29 | |
| Kids' Cheese Flatbread Pizza | 1000 | 450 | 50 | 31 | 1 | 125 | 2530 | 86 | 4 | 3 | 47 | |
| Kids' Pepperoni Flatbread Pizza | 990 | 450 | 50 | 29 | 1 | 125 | 2720 | 86 | 4 | 2 | 49 | |
| Kids' Cheese Flatbread Pizza (Queens/Philly) | 830 | 340 | 38 | 22 | 0.5 | 90 | 2230 | 82 | 4 | 3 | 39 | |
| Kids' Pepperoni Pizza (Queens/Philly) | 840 | 340 | 38 | 21 | 0.5 | 90 | 2280 | 84 | 4 | 2 | 38 | |
| Kids' Quesadilla | 820 | 480 | 54 | 34 | 1 | 115 | 1440 | 48 | 2 | 0 | 40 | |
| Kids' Quesadilla with Chicken | 940 | 520 | 58 | 35 | 1 | 180 | 1670 | 48 | 2 | 0 | 59 | |
| Kids' Grilled Chicken | 460 | 180 | 19 | 11 | 0.5 | 145 | 1600 | 38 | 5 | 1 | 33 | |
| Kids' Grilled Salmon | 540 | 250 | 28 | 13 | 0.5 | 125 | 910 | 40 | 5 | 1 | 32 | |
| Kids' Brunch with French Toast | 1200 | 890 | 99 | 51 | 3 | 445 | 300 | 59 | 2 | 42 | 19 | |
| Kids' Brunch with Buttermilk Pancakes | 680 | 330 | 37 | 16 | 1 | 85 | 930 | 75 | 4 | 40 | 14 | |
| Kids' Coke® | 60 | 0 | 0 | 0 | 0 | 0 | 5 | 17 | 0 | 0 | 0 | |
| Kids' Diet Coke® | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 | |
| Kids' Coca-Cola® Zero Sugar | 0 | 0 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0 | 0 | |
| Kids' Fanta Orange Soda (PR) | 60 | 0 | 0 | 0 | 0 | 0 | 10 | 18 | 0 | 17 | 0 | |
| Kids' Fanta Fruit Punch (HI) | 60 | 0 | 0 | 0 | 0 | 0 | 15 | 17 | 0 | 17 | 0 | |
| Kids' Barq's® Root Beer | 70 | 0 | 0 | 0 | 0 | 0 | 10 | 18 | 0 | 18 | 0 | |
| Kids' Sprite® | 60 | 0 | 0 | 0 | 0 | 0 | 20 | 16 | 0 | 16 | 0 | |
| Kids' Sprite Zero® (PR) | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 | |
| Kids' Dr. Pepper® | 60 | 0 | 0 | 0 | 0 | 0 | 25 | 17 | 0 | 16 | 0 | |
| Kids' Diet Dr. Pepper® (TX & OK) | 0 | 0 | 0 | 0 | 0 | 0 | 25 | 0 | 0 | 0 | 0 | |
| Kids' Milk | 200 | 60 | 7 | 4.5 | 0 | 30 | 200 | 20 | 0 | 19 | 13 | |
| Kids' Chocolate Milk | 330 | 50 | 5 | 3.5 | 0 | 25 | 210 | 60 | 2 | 55 | 12 | |
| Kids' Non-Fat Milk | 120 | 0 | 0 | 0 | 0 | 5 | 180 | 17 | 0 | 17 | 12 | |
| Kids' Apple Juice | 170 | 0 | 0 | 0 | 0 | 0 | 20 | 40 | 0 | 37 | 0 | |
| Kids' Lemonade | 190 | 0 | 0 | 0 | 0 | 0 | 10 | 52 | 0 | 48 | 0 | |
| Kids' Scoop of Ice Cream | 320 | 190 | 21 | 13 | 0.5 | 80 | 80 | 26 | 0 | 25 | 6 | |
| Kids' Mini Hot Fudge Sundae | 480 | 290 | 32 | 20 | 1 | 100 | 90 | 44 | 2 | 38 | 7 | |
| Kids' Strawberries | 180 | 130 | 14 | 9 | 0 | 55 | 15 | 13 | 2 | 11 | 1 | |
| Kids' Strawberry Shortcake | 450 | 230 | 25 | 16 | 0 | 90 | 380 | 48 | 1 | 26 | 8 | |
| HAPPY HOUR MENU | | | | | | | | | | | | |
| "Happy Hour" Burger | 1140 | 630 | 70 | 31 | 3 | 230 | 3180 | 72 | 3 | 26 | 54 | |
| Margarita | 210 | 0 | 0 | 0 | 0 | 0 | 125 | 25 | 0 | 23 | 0 | |
| Margarita (UT) | 200 | 0 | 0 | 0 | 0 | 0 | 125 | 25 | 0 | 23 | 0 | |
| Long Island Iced Tea | 240 | 0 | 0 | 0 | 0 | 0 | 10 | 28 | 0 | 26 | 0 | |
| Long Island Iced Tea (UT) | 240 | 0 | 0 | 0 | 0 | 0 | 10 | 28 | 0 | 26 | 0 | |
| SkinnyLicious® Long Island Iced Tea | 110 | 0 | 0 | 0 | 0 | 0 | 20 | 6 | 0 | 5 | 0 | |
| SELECTED WELL DRINKS | | | | | | | | | | | | |
| Well Bourbon | 80 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| Well Gin | 80 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| Well Rum | 80 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| Well Scotch | 80 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| Well Tequila | 80 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| Well Vodka | 90 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 2 | 0 | |
| Coke® | 35 | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 0 | 10 | 0 | |
| Diet Coke® | 0 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 0 | 0 | 0 | |
| Coca-Cola® Zero Sugar | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | |
| Fanta Orange Soda (PR) | 40 | 0 | 0 | 0 | 0 | 0 | 1 | 11 | 0 | 10 | 0 | |
| Barq's® Root Beer | 40 | 0 | 0 | 0 | 0 | 0 | 4 | 11 | 0 | 11 | 0 | |
| Sprite® | 35 | 0 | 0 | 0 | 0 | 0 | 5 | 9 | 0 | 9 | 0 | |
| Sprite Zero® (PR) | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 0 | 0 | 0 | |
| Dr. Pepper® | 35 | 0 | 0 | 0 | 0 | 0 | 10 | 10 | 0 | 10 | 0 | |
| Diet Dr. Pepper® (TX & OK) | 0 | 0 | 0 | 0 | 0 | 0 | 15 | 0 | 0 | 0 | 0 | |
| Ginger Ale | 35 | 0 | 0 | 0 | 0 | 0 | 10 | 9 | 0 | 9 | 0 | |
| Cranberry Juice | 45 | 0 | 0 | 0 | 0 | 0 | 3 | 11 | 0 | 11 | 0 | |
| Orange Juice | 40 | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 0 | 8 | 1 | |
| Pineapple Juice | 50 | 0 | 0 | 0 | 0 | 0 | 1 | 12 | 0 | 11 | 0 | |
| The Cheesecake Factory Signature Lemonade | 110 | 0 | 0 | 0 | 0 | 0 | 2 | 31 | 0 | 29 | 0 | |
| GLUTEN FREE SMALL PLATES & SNACKS | | | | | | | | | | | | |
| Grilled Asparagus | 360 | 270 | 30 | 15 | 0.5 | 70 | 720 | 13 | 5 | 3 | 10 | |
| Honey Roasted Carrots | 420 | 230 | 26 | 11 | 0.5 | 50 | 1010 | 43 | 6 | 31 | 4 | |
| Beet and Avocado Salad | 290 | 110 | 12 | 3 | 0 | 5 | 480 | 41 | 8 | 29 | 7 | |
| GLUTEN FREE APPETIZERS | | | | | | | | | | | | |
| Ahi Tuna & Shrimp Ceviche® - Serves 2-4 | 570 | 330 | 36 | 6 | 0 | 60 | 1090 | 38 | 8 | 5 | 26 | 140 |
| Sweet Corn Tamale Cakes - Serves 2-4 | 1340 | 790 | 88 | 44 | 2.5 | 210 | 1710 | 119 | 19 | 42 | 16 | 340 |
| GLUTEN FREE APPETIZER SALADS | | | | | | | | | | | | |
| Tossed Green Salad | 35 | 0 | 0 | 0 | 0 | 0 | 25 | 7 | 3 | 4 | 2 | |
| Tossed Green Salad with Blue Cheese Dressing | 370 | 280 | 31 | 11 | 0 | 50 | 690 | 13 | 4 | 7 | 9 | |
| Tossed Green Salad with French Mustard Vinaigrette | 630 | 560 | 62 | 6 | 0 | 0 | 640 | 13 | 3 | 9 | 3 | |
| Tossed Green Salad with Ranch Dressing | 450 | 360 | 41 | 8 | 0 | 25 | 630 | 15 | 3 | 10 | 3 | |
| Tossed Green Salad with Thousand Island Dressing | 470 | 370 | 41 | 8 | 0 | 25 | 690 | 19 | 3 | 14 | 3 | |
| Caesar Salad | 720 | 590 | 66 | 14 | 0 | 50 | 930 | 19 | 7 | 9 | 12 | |
| Caesar Salad with Chicken | 950 | 640 | 71 | 15 | 0 | 175 | 1470 | 19 | 7 | 9 | 56 | |
| Factory Chopped Salad | 870 | 600 | 67 | 13 | 0.5 | 85 | 1470 | 34 | 10 | 18 | 34 | |
| GLUTEN FREE LUNCH SPECIALS | | | | | | | | | | | | |
| Lunch Cobb Salad | 1160 | 900 | 100 | 20 | 1 | 265 | 1590 | 22 | 7 | 12 | 43 | |
| Lunch Four Cheese Pasta | 930 | 420 | 46 | 16 | 0.5 | 65 | 2760 | 106 | 6 | 15 | 24 | |
| Lunch Four Cheese Pasta with Chicken | 950 | 370 | 41 | 16 | 0.5 | 130 | 2860 | 99 | 6 | 15 | 46 | |
| Lunch Pasta with Chicken and Roasted Garlic | 1180 | 540 | 60 | 25 | 1 | 150 | 2550 | 120 | 6 | 9 | 41 | |
| Lunch Pasta Carbonara | 1500 | 910 | 101 | 46 | 2.5 | 205 | 2160 | 119 | 5 | 6 | 26 | |
| Lunch Pasta Carbonara with Chicken | 1610 | 930 | 103 | 46 | 2.5 | 270 | 2390 | 119 | 5 | 6 | 50 | |
| Italian Sausage and Fresh Mushroom Rigatoni | 1590 | 1080 | 120 | 58 | 3 | 285 | 2310 | 96 | 7 | 9 | 32 | |
| Lunch Evelyn's Favorite Pasta | 830 | 420 | 47 | 15 | 1 | 40 | 1330 | 92 | 6 | 5 | 11 | |
| Lunch Spicy Chicken Chipotle Pasta | 1270 | 660 | 74 | 25 | 1.5 | 140 | 2340 | 118 | 8 | 16 | 37 | |
| Lunch Shrimp with Rotini | 1000 | 590 | 66 | 10 | 0.5 | 80 | 2250 | 74 | 8 | 16 | 27 | |
| Lunch Shepherd's Pie | 1030 | 540 | 60 | 30 | 3 | 220 | 2670 | 66 | 10 | 12 | 55 | |
| Lunch Grilled Salmon with Corn Succotash | 1020 | 550 | 61 | 24 | 1 | 190 | 1400 | 67 | 6 | 24 | 50 | |
| Lunch Grilled Salmon with Green Beans | 850 | 490 | 55 | 21 | 1 | 180 | 1100 | 42 | 5 | 5 | 46 | |
| Lunch Grilled Salmon with Sauteed Spinach | 880 | 510 | 57 | 22 | 1 | 160 | 1570 | 45 | 7 | 4 | 49 | |
| Lunch Miso Salmon | 990 | 430 | 48 | 24 | 1.5 | 195 | 1260 | 94 | 2 | 25 | 45 | |
| Cajun Salmon | 1250 | 820 | 92 | 38 | 2.5 | 265 | 1540 | 59 | 6 | 16 | 46 | |
| GLUTEN FREE GLAMBURGERS® | | | | | | | | | | | | |
| French Fries | 530 | 210 | 23 | 4 | 0 | 0 | 1250 | 76 | 5 | 13 | 6 | |
| Green Salad | 160 | 140 | 16 | 1.5 | 0 | 0 | 170 | 5 | 1 | 3 | 1 | |
| Sweet Potato Fries | 510 | 180 | 20 | 3.5 | 0 | 0 | 1150 | 78 | 11 | 38 | 4 | |
| Double Smash Cheeseburger | 1460 | 710 | 79 | 28 | 2.5 | 180 | 3860 | 133 | 11 | 29 | 56 | |
| Old Fashioned Burger | 840 | 420 | 46 | 15 | 2 | 140 | 1790 | 64 | 6 | 21 | 43 | |
| Bistro Burger | 1250 | 700 | 78 | 25 | 2.5 | 165 | 2790 | 89 | 7 | 42 | 49 | |
| Mushroom Burger | 1300 | 770 | 86 | 32 | 3 | 200 | 2370 | 73 | 8 | 25 | 61 | |
| Americana Cheeseburger | 1230 | 690 | 76 | 29 | 2.5 | 205 | 3330 | 83 | 8 | 31 | 56 | |
| Bacon-Bacon Cheeseburger | 1460 | 860 | 96 | 37 | 3 | 260 | 3440 | 79 | 7 | 33 | 71 | |

| | Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) |
|---|----------|--------------|---------------|-------------------|---------------|------------------|-------------|-----------------|-----------|------------|-------------|
| B.B.Q. Kalua Pork (HI) | 770 | 290 | 32 | 9 | 0 | 185 | 1560 | 72 | 7 | 24 | 55 |
| Impossible® Burger | 790 | 430 | 48 | 17 | 0 | 0 | 2070 | 67 | 11 | 11 | 29 |
| Factory Turkey Burger | 940 | 540 | 60 | 20 | 0.5 | 200 | 2240 | 59 | 9 | 13 | 49 |
| Hawaiian Fish Sandwich - Mahi (HI) | 600 | 170 | 19 | 3 | 0 | 125 | 1600 | 72 | 8 | 26 | 37 |
| Hawaiian Fish Sandwich - Ahi (HI) | 600 | 170 | 19 | 3 | 0 | 80 | 1610 | 72 | 8 | 26 | 40 |
| Hawaiian Fish Sandwich - Salmon (HI) | 720 | 310 | 35 | 6 | 0 | 80 | 1510 | 72 | 8 | 26 | 33 |
| Hawaiian Fish Sandwich - Ono (HI) | 590 | 170 | 19 | 3 | 0 | 70 | 1590 | 72 | 8 | 26 | 36 |
| GLUTEN FREE SPECIALTIES | | | | | | | | | | | |
| Green Chile Chicken Enchiladas | 1420 | 600 | 67 | 27 | 1.5 | 180 | 2760 | 143 | 21 | 11 | 65 |
| Thai Stir Fried Noodles | 1460 | 480 | 54 | 14 | 0.5 | 245 | 3170 | 222 | 7 | 90 | 23 |
| Thai Stir Fried Noodles with Shrimp | 1640 | 610 | 69 | 23 | 1 | 330 | 3370 | 223 | 7 | 90 | 36 |
| Shepherd's Pie | 1400 | 730 | 81 | 40 | 4 | 300 | 3290 | 90 | 13 | 16 | 74 |
| GLUTEN FREE PASTA | | | | | | | | | | | |
| Four Cheese Pasta | 1270 | 620 | 69 | 27 | 1 | 115 | 3800 | 126 | 8 | 20 | 36 |
| Four Cheese Pasta with Chicken | 1460 | 650 | 72 | 28 | 1 | 220 | 4580 | 126 | 8 | 20 | 77 |
| Pasta with Chicken and Roasted Garlic | 1900 | 980 | 109 | 49 | 2 | 290 | 3970 | 164 | 10 | 14 | 67 |
| Pasta Carbonara | 2120 | 1350 | 150 | 69 | 3.5 | 315 | 2910 | 151 | 7 | 9 | 37 |
| Pasta Carbonara with Chicken | 2310 | 1380 | 154 | 70 | 3.5 | 420 | 3300 | 151 | 7 | 9 | 77 |
| Evelyn's Favorite Pasta | 1150 | 650 | 73 | 27 | 1.5 | 75 | 1880 | 112 | 8 | 9 | 14 |
| Italian Sausage and Fresh Mushroom Rigatoni | 2190 | 1450 | 161 | 79 | 4 | 390 | 3510 | 140 | 9 | 12 | 45 |
| Spicy Chicken Chipotle Pasta | 1750 | 980 | 110 | 37 | 2 | 215 | 2910 | 140 | 10 | 22 | 54 |
| Shrimp with Rotini | 1390 | 810 | 91 | 14 | 1 | 105 | 3320 | 107 | 11 | 22 | 37 |
| GLUTEN FREE FISH & SEAFOOD | | | | | | | | | | | |
| Grilled Branzino | 1360 | 820 | 91 | 38 | 2.5 | 285 | 1840 | 60 | 7 | 5 | 71 |
| Grilled Salmon with Fresh Corn | 1330 | 720 | 80 | 31 | 1.5 | 255 | 1680 | 86 | 8 | 25 | 63 |
| Grilled Salmon with Green Beans | 1150 | 660 | 74 | 28 | 1.5 | 245 | 1380 | 61 | 6 | 6 | 59 |
| Grilled Salmon with Sautéed Spinach | 1190 | 690 | 76 | 29 | 1.5 | 225 | 1850 | 63 | 8 | 6 | 62 |
| Miso Salmon | 1330 | 610 | 67 | 31 | 1.5 | 240 | 1430 | 119 | 5 | 27 | 64 |
| Cajun Salmon | 1570 | 1020 | 114 | 49 | 3 | 340 | 2030 | 77 | 7 | 17 | 59 |
| GLUTEN FREE STEAKS & CHOPS | | | | | | | | | | | |
| Steak Frites | 1490 | 790 | 88 | 32 | 3 | 125 | 2810 | 121 | 9 | 15 | 55 |
| Steak Diane | 1150 | 580 | 65 | 27 | 2 | 260 | 2750 | 67 | 6 | 14 | 76 |
| Grilled Rib-Eye Steak | 1250 | 720 | 80 | 40 | 4 | 270 | 2310 | 57 | 7 | 3 | 75 |
| Filet Mignon | 840 | 340 | 38 | 21 | 1.5 | 245 | 1680 | 56 | 7 | 3 | 67 |
| GLUTEN FREE SIDE DISHES | | | | | | | | | | | |
| French Fries | 1060 | 410 | 46 | 8 | 0 | 0 | 2500 | 152 | 10 | 25 | 11 |
| Green Beans | 140 | 90 | 10 | 6 | 0 | 0 | 300 | 10 | 4 | 2 | 3 |
| Roasted Sweet Potatoes | 450 | 190 | 21 | 10 | 0.5 | 45 | 430 | 63 | 8 | 18 | 5 |
| Fresh Corn | 270 | 120 | 14 | 6 | 0 | 0 | 610 | 28 | 8 | 11 | 8 |
| Mashed Potatoes | 450 | 230 | 25 | 15 | 1 | 80 | 820 | 49 | 4 | 2 | 5 |
| Sautéed Spinach | 650 | 590 | 67 | 41 | 2.5 | 125 | 1100 | 10 | 5 | 1 | 7 |
| Broccoli | 260 | 160 | 18 | 3 | 0 | 10 | 710 | 15 | 8 | 2 | 8 |
| GLUTEN FREE SALADS | | | | | | | | | | | |
| Caesar Salad | 1070 | 890 | 99 | 22 | 0 | 75 | 1410 | 25 | 9 | 12 | 18 |
| Caesar Salad with Chicken | 1300 | 950 | 106 | 23 | 0 | 205 | 1880 | 25 | 9 | 12 | 57 |
| Cobb Salad | 1650 | 1270 | 141 | 27 | 1 | 365 | 2680 | 30 | 11 | 15 | 65 |
| GLUTEN FREE EGGS & OMELETTES | | | | | | | | | | | |
| Breakfast Potatoes | 630 | 340 | 37 | 9 | 0 | 10 | 790 | 66 | 6 | 15 | 8 |
| Sliced Tomatoes | 25 | 0 | 0 | 0 | 0 | 0 | 5 | 5 | 2 | 3 | 1 |
| Farm Fresh Eggs | 280 | 220 | 25 | 12 | 0 | 425 | 150 | 1 | 0 | 0 | 13 |
| Farm Fresh Eggs with Old Smokehouse® Bacon | 480 | 360 | 40 | 18 | 0.5 | 465 | 220 | 4 | 0 | 3 | 25 |
| Farm Fresh Eggs with Grilled Ham | 440 | 260 | 29 | 14 | 0 | 505 | 1770 | 2 | 0 | 1 | 44 |
| FACTORY CREATE AN OMELETTE | | | | | | | | | | | |
| Plain Omelette | 630 | 530 | 60 | 17 | 1 | 670 | 790 | 2 | 0 | 1 | 22 |
| Bacon | 140 | 110 | 13 | 4.5 | 0 | 25 | 230 | 0 | 0 | 1 | 5 |
| Ham | 60 | 15 | 1.5 | 0.5 | 0 | 30 | 610 | 0 | 0 | 0 | 12 |
| Cheddar Cheese | 230 | 170 | 19 | 12 | 1 | 70 | 380 | 1 | 0 | 0 | 13 |
| Jack Cheese | 210 | 160 | 18 | 11 | 1 | 70 | 380 | 1 | 0 | 0 | 12 |
| Swiss Cheese | 220 | 150 | 17 | 10 | 1 | 45 | 115 | 0 | 0 | 0 | 17 |
| Fontina Cheese | 180 | 130 | 14 | 10 | 0 | 45 | 400 | 1 | 0 | 0 | 13 |
| Avocado | 40 | 30 | 3.5 | 0 | 0 | 0 | 1 | 2 | 2 | 0 | 0 |
| Roasted Peppers | 20 | 0 | 0 | 0 | 0 | 0 | 10 | 4 | 1 | 3 | 1 |
| Fresh Mushrooms | 15 | 0 | 0 | 0 | 0 | 0 | 10 | 2 | 1 | 0 | 2 |
| Asparagus | 25 | 5 | 1 | 0 | 0 | 0 | 80 | 3 | 1 | 1 | 2 |
| Spinach | 5 | 0 | 0 | 0 | 0 | 0 | 20 | 1 | 1 | 0 | 1 |
| Bell Peppers | 15 | 0 | 0 | 0 | 0 | 0 | 1 | 4 | 1 | 2 | 1 |
| Fresh Tomato | 10 | 0 | 0 | 0 | 0 | 0 | 2 | 2 | 1 | 1 | 0 |
| Red Onions | 10 | 0 | 0 | 0 | 0 | 0 | 1 | 3 | 0 | 1 | 0 |
| Green Onions | 5 | 0 | 0 | 0 | 0 | 0 | 2 | 1 | 0 | 0 | 0 |
| California Omelette | 1090 | 810 | 91 | 42 | 2.5 | 810 | 1570 | 13 | 4 | 4 | 55 |
| Spinach, Mushroom, Bacon and Cheese Omelette | 950 | 720 | 80 | 40 | 2 | 795 | 1460 | 12 | 3 | 4 | 46 |
| Grilled Steak & Eggs | 660 | 490 | 55 | 26 | 0 | 520 | 1100 | 2 | 0 | 1 | 45 |
| Loco Moco (HI) | 1750 | 960 | 108 | 34 | 3.5 | 595 | 1960 | 112 | 4 | 5 | 81 |
| GLUTEN FREE SATURDAY & SUNDAY BRUNCH | | | | | | | | | | | |
| Jambalaya Hash & Eggs | 1750 | 1150 | 128 | 68 | 3.5 | 750 | 2370 | 106 | 8 | 15 | 44 |
| GLUTEN FREE DESSERTS | | | | | | | | | | | |
| Godiva® Chocolate Cheesecake | 1400 | 950 | 105 | 66 | 3 | 380 | 260 | 110 | 8 | 96 | 15 |
| Low-Licious Cheesecake | 570 | 400 | 44 | 26 | 1 | 195 | 460 | 37 | 7 | 5 | 10 |
| Low-Licious Cheesecake with Strawberries | 580 | 400 | 44 | 26 | 1 | 195 | 460 | 39 | 8 | 7 | 10 |
| Bowl of Fresh Strawberries | 250 | 130 | 15 | 9 | 0 | 55 | 15 | 26 | 5 | 19 | 3 |
| Hot Fudge Sundae | 1280 | 770 | 86 | 51 | 2.5 | 260 | 220 | 116 | 6 | 97 | 20 |
| Bowl of Vanilla Ice Cream | 750 | 460 | 51 | 32 | 2 | 195 | 180 | 60 | 0 | 57 | 13 |
| GLUTEN FREE SKINNYLICIOUS® SMALL PLATES & APPETIZERS | | | | | | | | | | | |
| Beet and Avocado Salad | 290 | 110 | 12 | 3 | 0 | 5 | 480 | 41 | 8 | 29 | 7 |
| GLUTEN FREE SKINNYLICIOUS® SPECIALTIES | | | | | | | | | | | |
| SkinnyLicious® Chicken Soft Tacos | 520 | 140 | 16 | 3.5 | 0 | 80 | 1050 | 64 | 13 | 14 | 32 |
| SkinnyLicious® Shrimp Soft Tacos | 520 | 130 | 15 | 3 | 0 | 185 | 1010 | 67 | 13 | 14 | 31 |
| SkinnyLicious® Spicy Shrimp Pasta | 580 | 190 | 21 | 7 | 0 | 60 | 1840 | 72 | 6 | 15 | 21 |
| SkinnyLicious® Grilled Branzino | 530 | 260 | 29 | 12 | 0.5 | 105 | 1250 | 30 | 5 | 5 | 36 |
| GLUTEN FREE KIDS' MENU | | | | | | | | | | | |
| Kids' Pasta with Butter and Parmesan | 460 | 170 | 20 | 11 | 0.5 | 45 | 720 | 66 | 1 | 0 | 5 |
| Kids' Pasta with Marinara Sauce | 460 | 120 | 13 | 1.5 | 0 | 0 | 1360 | 79 | 4 | 9 | 7 |
| Kids' Pasta with Alfredo Sauce | 910 | 540 | 60 | 37 | 2 | 170 | 1130 | 75 | 3 | 4 | 17 |
| Kids' Grilled Chicken | 460 | 180 | 19 | 11 | 0.5 | 145 | 1600 | 38 | 5 | 1 | 33 |
| Kids' Grilled Salmon | 540 | 250 | 28 | 13 | 0.5 | 125 | 910 | 40 | 5 | 1 | 32 |
| Kids' Scoop of Ice Cream | 320 | 190 | 21 | 13 | 0.5 | 80 | 80 | 26 | 0 | 25 | 6 |
| Kids' Mini Hot Fudge Sundae | 480 | 290 | 32 | 20 | 1 | 100 | 90 | 44 | 2 | 38 | 7 |
| Kids' Strawberries | 180 | 130 | 14 | 9 | 0 | 55 | 15 | 13 | 2 | 11 | 1 |
| GLUTEN FREE HAPPY HOUR MENU | | | | | | | | | | | |
| "Happy Hour" Burger | 980 | 510 | 56 | 24 | 2.5 | 180 | 3090 | 72 | 6 | 28 | 50 |